

Holy Week -- Tuesday



Greetings from Sarah DeKing on Palm Sunday. Thank you!

“Faith is not a naïve neglect of reality. Nor is it a surrender to the hopelessness that can overtake people in a crisis. It is a resource that provides people with the confidence that, no matter what circumstances we or our families or society might face, we do not face them alone. We face them with the assurance that God is with us. This does not mean that we won’t get sick or won’t die. But it does mean that we have the inner strength to confront whatever lies before us.” Dean Gregory Sterling

Psalm 23

The Lord is my shepherd; I shall not want.

He maketh me to lie down in green pastures: he leadeth me beside the still waters.

He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake.

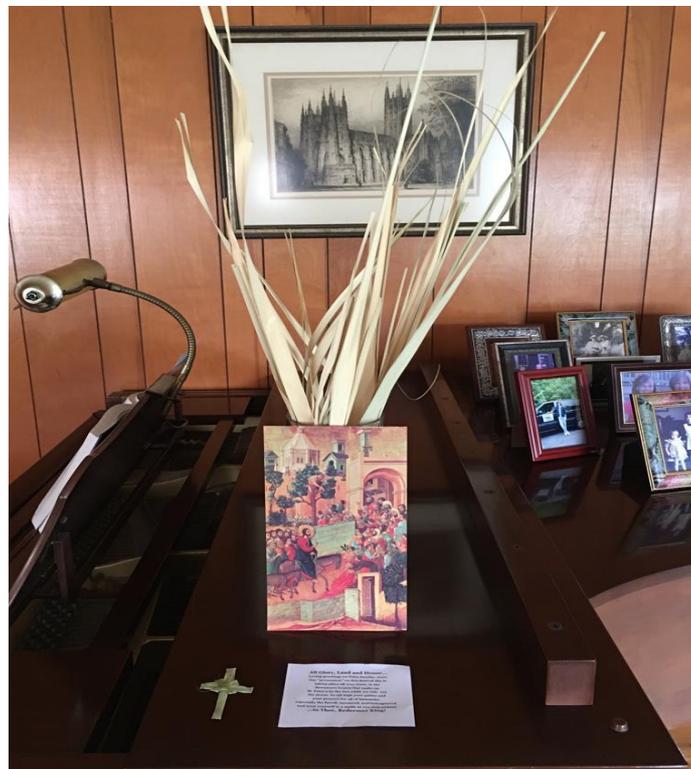
Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.

Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over.

Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord for ever.

In the News...

Many thanks indeed to Lenny Erickson, who made palm crosses for all of us and mailed them out. Sarah DeLong's art construction with her cross (pictured above) reflects the joyful smiles that burst out all over town when those little envelopes got opened. No doubt, each of us put our crosses in a special place. Here's what things looked like over at Robin and Janet Fiedler's house:



If you would like to add a soundtrack to your contemplations, try this,

Scotland Highlands Hallelujah Celtic Thunder Celtic Angels

<https://www.youtube.com/watch?v=fLJRvRzHQvI>

Why should everyone start wearing cloth masks?

The main reason to wear a mask is to protect the people around you. We have strong evidence both that 1) masks prevent infected people from transmitting the

virus and 2) a lot of transmission is by asymptomatic people who don't know they are sick. Even if you feel perfectly fine, you may be spreading the virus. If you wear a mask in public and you are one of those asymptomatic people, you are less likely to transmit the virus to others. This is absolutely not a substitute for social distancing, but is helpful in situations like going to the grocery store. If worn correctly and cleaned regularly, masks likely also help protect you from being infected.

The San Luis Obispo Health Department directs:

If you have fever, cough, or shortness of breath, please call your physician or nearest urgent care or health clinic to determine if you should be tested for COVID-19. They will also tell you if any special precautions should be taken before you arrive at the office.

For more information and updates from the Health Department:

<https://www.emergencyslo.org/en/covid19.aspx>

The Queen's Speech

Queen Elizabeth II, who rarely gives public addresses, delivered an April 5 message on the coronavirus. Here is what she said:

I'm speaking to you at what I know is an increasingly challenging time, a time of disruption in the life of our country, a disruption that has brought grief to some, financial difficulties to many, and enormous changes to the daily lives of us all. I want to thank everyone on the frontlines, as well as care workers and those carrying out essential roles who selflessly continue their day-to-day duties outside the home in support of us all. I'm sure the nation will join me in assuring you that what you do is appreciated, and every hour of your hard work brings us closer to a return to more normal times. I also want to thank those of you who are staying at home, thereby helping to protect the vulnerable, and sparing many families the pain already felt by those who have lost loved ones.

Together we are tackling this disease, and I want to reassure you that if we remain united and resolute, then we will overcome it. I hope in the years to come everyone will be able to take pride in how they responded to this challenge, and those who come after us will say the Britons of this generation were as strong as any, that the attributes of self-discipline, of quiet, good-humored resolve, and of fellow feeling still characterize this country. The pride in who we are is not a part of our past, it defines our present and our future.

The moments when the United Kingdom has come together to applaud its care and essential workers will be remembered as an expression of our national spirit, and its symbol will be the rainbows drawn by children. Across the Commonwealth and around the world, we have seen heartwarming stories of people coming together to help others, be it through delivering food parcels and medicines, checking on neighbors, or converting businesses to help the relief effort. And though self-isolating may at times be hard, many people of all faiths and of none are discovering that it presents an opportunity to slow down, pause and reflect in prayer or meditation.

It reminds me of the very first broadcast I made in 1940, helped by my sister. We as children spoke from here at Windsor to children who had been evacuated from their homes and sent away for their own safety. Today, once again, many will feel a painful sense of separation from their loved ones, but now as then, we know deep down that it is the right thing to do. While we have faced challenges before, this one is different. This time we join with all nations across the globe in a common endeavor. Using the great advances of science and our instinctive compassion to heal, we will succeed, and that success will belong to every one of us. We should take comfort that while we may have more still to endure, better days will return. We will be with our friends again. We will be with our families again. We will meet again. But for now, I send my thanks and warmest good wishes to you all.

Here is the video of the Queen's speech:

<https://www.youtube.com/watch?v=d1YEkcBfwk>

Cris Rose writes: Our son-in-law, who has been an engineer with Boeing for almost thirty years is a stereotypically enthusiastic technology geek. A couple of years ago he purchased (for his own entertainment) a 3-D printer. He had some challenge learning to program it, even though his area of expertise is "tool design." After learning trials that produced plastic cocker spaniels, nuts and bolts and a few pint-sized mermaids, he has successfully made an assortment of custom gadgets for specific automobiles, home installations and so on. And he does so enjoy this silly thing! Engineers are often very much like 9 year olds. Right now he is using the machine to make excellent face mask protectors and face shields for his Fireman/EMT/all-purpose First Responder son and the other Firefighters and EMTs on South Whidbey Island, up in Puget Sound. Which makes me wonder if anyone in our congregation, our congregation's children or grandchildren, or the general surrounding public, could or would want to do this? It's not a cheap activity, but within the realm of what we might support financially, and might be useful. Let's ask around!

Sue Putney writes: "...I looked at our rain and thought...it's God's tears for all that is going on for so many people. I always put up a cheerful Holy Week display on my dining room table; I got down the box that holds it two weeks ago in anticipation! I finally put it up today, albeit tearfully. The family will not come here for Easter which they've done for years, because Alisa who is still at work (with caution) and doesn't want to come with her family for fear they might infect me. Good call. My first Easter without them and most likely limited time with son Cree. I'm glad to be healthy but I miss our time together as a congregation. I love you all, my wonderful friends. Onward and upward as we can...Blessings on you; this is a strange and painful time for all of us."

Sunday's Missive contained a hair-raising story about Lenny's granddaughter Caroline's struggle to get home from Uganda. Here's what happened at the end of her long trip:



Marti Lindholm shares this musical gem. We have not lost our sense of humor! <https://www.youtube.com/watch?v=nmUXntGlqFI>

Do you have ideas, recommendations, offers of help, stories or photos to share with *The Pebble* readership? Please email: sssymington@gmail.com

Maundy Thursday



Since we can't get our feet together, perhaps the solution is to do unto ourselves as we would have others do unto us. Sometime on Thursday afternoon or evening, why not take the time to remember Jesus' act of lovingkindness by giving yourself the gentlest of treats? These do-it-yourself foot soak recipes are simple enough to put together in a few minutes, yet luxurious enough to please anybody.

<https://www.healthline.com/health/diy-foot-soak>

The Vigil

After our Maundy Thursday service each year, a vigil is kept through the night into Good Friday. This commemorates the night Jesus spent in prayer, knowing that his earthly life was about to be taken from him. If you would like to participate in this year's "in-place" vigil by obligating yourself to an hour of wakefulness and contemplation at home between sundown on Thursday and sunup on Friday, please email Padre Sid today or tomorrow. If you give a choice of two different hours for yourself, beginning at 7:30 PM on Thursday and ending

at 6:30 AM on Friday, I can make up a schedule and email it out to everyone Thursday afternoon.

Fans of Fr. Richard Rohr can enjoy his lectures from last summer's talks at Chautauqua in New York. His five-part lecture series was entitled "Falling Upward." *Wednesday, April 8 / 2 p.m. EDT / [Facebook Video Link](#)*

The Episcopal News Service: <https://mailchi.mp/episcopalchurch/priests-deacons-enlisted-to-pray-last-rites-by-phone-for-dying-coronavirus-patients?e=c2453e795f>

St. Benedict's, Los Osos:

<https://stbenslososos.freshvine.co/email/manager/X83ORMSPRI/view/lsl59pj8/>

Real Episcopal, our diocesan newsletter:

<https://mailchi.mp/realepiscopal.org/news-from-the-diocese-of-el-camino-real-apr1?e=23e4987776>

Blessing the Boats

(at St. Mary's)

may the tide
that is entering even now
the lip of our understanding
carry you out
beyond the face of fear
may you kiss
the wind then turn from it
certain that it will
love your back may you
open your eyes to water
water waving forever
and may you in your innocence
sail through this to that

Lucille Clifton

Trinity Church Wall Street in New York City
invites you to join us for Holy Week and Easter services
streamed live and available on-demand in HD.



HOLY WEEK AND EASTER SERVICES AVAILABLE ONLINE

Palm Sunday

Sunday, April 5; 11:15am–12:30pm

Tenebrae (encore presentation of 2018)

Wednesday, April 8; 6pm–7pm

Maundy Thursday

Thursday, April 9; 6pm–7:15pm

All-Night Vigil Before the Blessed Sacrament

8pm Thursday–6:30am Friday

Liturgy of Good Friday

Friday, April 10; 12:05–1:30pm

The Great Vigil of Easter

Saturday, April 11; 7:30pm–9:30pm

Easter Festive Eucharist

Sunday, April 12; 11:15am–12:30pm

[Learn More & Mark Your Calendar](#)

To access the livestream, visit trinitywallstreet.org 5–10 minutes prior to the event. At the top of the page under the header, you will see a white banner with the name of the current live broadcast and text that reads, “Watch Live Now.” Alternatively, follow Trinity Church Wall Street on Facebook to watch the services on Facebook Live. To watch on-demand after a service has ended, visit trinitywallstreet.org/videos.

